

The Fire of the Soul- The Third Eye

Pamela Kribbe channels Mary Magdalene

Dear Friends,

I am Mary Magdalene,

To share this time with you fills me with joy. The fact that you feel me and hear me means that you are tuned-in to your soul's frequency. I know all too well that the journey on earth can be full of challenges.

I'd like to speak about your ability to sense and perceive energy. This ability is traditionally associated with the sixth chakra, also called the third eye. It is a natural ability that you have, especially found in light workers who feel called to use it in order to understand what is going on around them.

To give you an example, when you are in the company of people, you notice what is being said, and how people interact by using your physical senses, your eyes, and your ears. But perceiving on an invisible level is something different. You are able to sense energy in people and between people. Sometimes, people act very happy, and say that everything is going great with them, but you can sense that they are not being completely honest, or you pick up on something unpleasant in your interaction with them. Many of you notice these invisible energies which are more real to you than what you see with your physical senses. That's why you feel uncomfortable in a lot of social interactions because you are confused by the different kinds of information you are able to pick up.

I'd like to mention two issues or problems that you may have with your sixth chakra, your intuitive abilities. The first is the pressure you feel from society to ignore your intuition, your inner voice. There are certain rules and ways of behaving in society that are considered right and if you do not follow the rules, then you feel ashamed or insecure.

Because of social pressure, you feel you have to hide the perceptions coming from the level of the third eye. The other problem lies deeply in the past lives of lightworkers, which we discussed yesterday. Lightworkers were rejected in past lives for expressing their intuition, their third eye abilities. In many past lifetimes, you were devoted to the spiritual path and wanted to express your truth. However, your truth did not match up with the beliefs of the existing rulers, nor did it match with what they wanted expressed. Those lifetimes conditioned you to be afraid to freely use your third eye intuition in this lifetime.

Focus your attention now in the center of your head, inside your sixth chakra. You can see a flame there, a bright, steady light. See if you can visualize and hold that light when you feel pressure from the outside. Your instinct to know the truth and know what is really going on originates from inside this flame. Notice what fears come up when you use this instinctual ability. Tell yourself, "I am free to use this light, and to use my ability to sense energy."

Visualize a person who is an authority figure outside of yourself, who is telling you that you are not allowed to do this. Many of you have a voice inside your head that constantly criticizes you whenever you receive messages intuitively. There is a part of you that always doubts yourself. This voice of authority inside of you that tells you not to use your intuition makes you feel insecure and doubt yourself.

Look this person straight in the eye and ask, “who are you, and why am I not allowed to shine my light, my inner knowledge?” Notice that this authority wants to control you. He or she is fearful and is actually afraid of your truth. This is a fear-based energy. As soon as you know this and understand what it is, you will not be impressed or intimidated by it anymore. You can open your third eye again and channel your own wisdom, including the wisdom of your guides.

Once again, feel and see the flame inside your sixth chakra, inside your head and feel that this is heart-based energy.

You do not want to harm or manipulate anyone with this ability to see and feel energy.

Feel how your third eye is connected with your heart.

All of you have a strong desire to connect with your soul and with what you know on the inside.

Don't be afraid to open your intuition again, your third eye.

Thank you for your presence. I will be happy to address your questions.

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